

## Walk With the Echo on Sunday 12th August



**Take a pleasant walk along the quay and raise money for local charities on 12th August.**

ECTA have been nominated to benefit from the Express & Echo's sponsored walk,

along with Hospiscare, RD&E's Bramble Ward and Force.

The walk sets off at 10 am from the old transit shed on the Quay and is a three mile route along the Exeter quay and canal.

So talk nicely to your dog or borrow your neighbour's dog for a couple of hours and encourage all your friends to do the same.

The E&E have worked hard to make it an interesting walk, with a fun quiz for under 12s to enjoy along the way.

To take part, go to the walk website at [www.thisisexeter.co.uk/walk](http://www.thisisexeter.co.uk/walk), or pick up a sponsorship form from the E&E Sidwell Street shop.

If you are unable to take part, you can still help; please pop in to sponsor the Express and Echo's Mike Byrne and his dog Jack - their sponsorship is in the ECTA office in King William Street Car Park .

Pictured: Mike and Anne Byrne with Old Jack  
Picture courtesy of South West Media Group

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## Great West Run...

**We would like to say a big thank you to everyone who took part for us and, of course, everyone who sponsored our participants in the 2007 Great West Run.**

Sponsorship and bucket collections have raised ECTA a wonderful £1,194.41 with a further £200 match funding promised from Reuters, from sponsorship raised by an employee of the company.

Exeter Shopmobility users Blondell Lilley and Dave Palmer took

part in the race in wheelchairs, with Dave being pushed by a team of Exeter Police in just 2 hours, 16 minutes and 48 seconds and a team were created to assist Blondell around the course, with many last minute changes, to complete the half marathon course in 2 hours, 42 minutes and 42 seconds.

Half of the bucket collection from Dave and the police went to the charity Regain, dedicated to improving the independence of British men and women

who have become tetraplegic as a result of a sports injury.

Our runners' times

were as follows:

Nathan White: 01:37:51  
John Rigby: 01:39:48  
Kerstin Friedrich: 01:53:43  
Melissa Ironside: 01:54:19



## What's On... *Visiting Exeter? Here's a quick handy guide to what's on in the city...*

### August:

#### 2<sup>nd</sup> August:

#### Honiton Show

Exeter Leisuremobility will be providing mobility scooters for use at the Honiton show. Call Exeter CTA on 01392 494001 to book your scooter.

#### 3<sup>rd</sup> 4<sup>th</sup> August:

#### Sainsbury Collection, Pinhoe

We have been given kind permission to collect at Sainsbury in Pinhoe Road on Friday 3<sup>rd</sup> and Saturday 4<sup>th</sup> August with all proceeds going to keep us moving. We need funds will help us to maintain our vehicles and to continue to provide and develop our services. Please give generously to our collectors.

#### 8<sup>th</sup> August:

#### Seaton Town Centre

#### Mobility Taster Day

Our Leisuremobility vehicle will be in Harbour Lane Long Stay Car Park from 10am to 4pm

#### 9<sup>th</sup> August:

#### Axminster Town

#### Centre Mobility Taster Day

Our Leisuremobility vehicle will be in Combe Lane Car Park from 10am to 4pm

#### 12<sup>th</sup> August

#### Express & Echo Sponsored Walk...

We are delighted to be one of the nominated charities to be chosen to benefit from the Express & Echo's 2007 Sponsored walk here, in Exeter, on 12<sup>th</sup> August.

The walk is likely to begin on the Quay and the other charities to benefit will be Force, Hospiscare and the RD&E's Bramble Children's Ward.

[www.thisisexeter.co.uk/walk](http://www.thisisexeter.co.uk/walk)

#### 15<sup>th</sup> August:

#### Seaton Town Centre

#### Mobility Taster Day

#### 16<sup>th</sup> August:

#### Axminster Town

#### Centre Mobility Taster Day

#### 23<sup>rd</sup> August:

#### Melplash Show

Exeter Leisuremobility will be providing mobility scooters for use at the Melplash show.

### September:

#### 9<sup>th</sup> September

#### Exeter CTA treasure hunt ...

Entry fee: £3 - all proceeds to ECTA. Details on back page.

#### 21<sup>st</sup> September

#### ECTA Launch & Grand Summer Draw

Join our launch party on September 21<sup>st</sup> at the new Princesshay premises in Paris Street. Call us on 01392 494001 to let us know you're coming along. Tickets are now available for our Grand Annual Draw! Join in for your chance to win fabulous prizes. Tickets from the Exeter Community Transport Association office or from Tony on Ring & Ride.

## Shopmobility Taster Days at Seaton and Axminster...

Our Leisuremobility vehicle will be visiting Axminster and Seaton over the following weeks to provide mobility scooters for residents and visitors to these two important Devon towns.

Exeter Shopmobility will be holding taster days to demonstrate its services over the coming weeks, starting at Harbour Lane Long Stay Car Park, Seaton, on Wednesday 18 July and Combe Lane Car Park, Axminster, on Thursday 19 July.

The events, from 9am to 4:30pm, are being run Exeter Community Transport Association, Devon County Council and the Devon Rural Transport Partnership.

The Exeter Shopmobility mobile unit will be in **Seaton** on the following Wednesdays: 18<sup>th</sup> July, 25<sup>th</sup> July, 8<sup>th</sup> August, 15<sup>th</sup> August.

The service will be in **Axminster** on the following Thursdays: 19<sup>th</sup> July, 26<sup>th</sup> July, 9<sup>th</sup> August, 16<sup>th</sup> August.



Members of the public will be able to come along and try out the Shopmobility scooters. One to one training will be provided and after completion, the scooter can be used to go

shopping in the town. A small refundable deposit of £2.50 will be charged. To book a scooter in advance please call Exeter CTA on 01392 494001.

## Ring & Ride Summer Excursions and Dartmoor Tours...

Have you signed up for a day out with Ring & Ride?

Our **Summer Excursions** are running as follows:

 = Leisure mobility Available     = Shop mobility Available

**Mon 30th July:** Donkey Sanctuary: £4.50

**Weds 1st August:** Newton Abbot Market Day: £4.50

**Tue 7th August:** Fermoy's Garden Centre: £5.00 

**Thurs 9th August:** Torquay: £5.00 

**Weds 15th August:** Seaton (and Tramway): £5.00 

**Fri 17th August:** Tiverton: £4.50 

**Tue 21st August:** Sidmouth: £4.50

**Thurs 23rd August:** Powderham Castle & Country Store: £4.00

**Fri 31st August:** Otter Nurseries: £4.00

**Mon 3rd September:** Exmouth: £4.00

### Easy Going Dartmoor Tours

**Would you like to join a qualified Dartmoor National Park guide to discover the special qualities of the National Park without worrying about transport?**



Join the Easy Going Dartmoor Tours and enjoy a day out visiting sites on the beautiful high moor. Exeter Community Transport Association runs 5 trips each year, between May and September from your door to the Dartmoor drop off for just £7.

To join us, book your place by calling the office on 01392 494 001 and ask about the Easy Going Dartmoor Tours. This year's trips run on:

Saturday 18th August  
Saturday 22nd September

## Christmas Fundraising Countdown...



We are delighted to have been

approached by Stan Hacking to benefit from the Stan Hacking Band's Christmas Spectacular at the Barnfield Theatre on the evening of Sunday 9th December.

The 80-strong brass

band is a regular sell out and plays a varied collection of popular songs. The Christmas Spectacular promises a great evening out with fun and lively sing-a-long carols.

Tickets will be on sale soon. Register with

Barnfield Theatre to receive their next mailout, or call us here at Exeter CTA for updates on our events and fundraising activities.

## Green Shoppers Campaign...

ECTA have signed up to the Express & Echo's campaign to reduce plastic bag usage in Exeter.

To help to reduce the number of plastic bags we use, the Express & Echo have produced hundreds of reusable bags, to be given to traders in Exeter City to distribute to regular shoppers. The first batch will be given to traders in Magdalene Road in

St Leonards on Friday 20th July.

The aim is to reduce plastic bag usage by 25% over the next 12 months... which equates to approximately 8 million plastic bags!

Exeter Shopmobility will be accepting 50 of the bags for use by our users. A number of which will be put into our prize draw, taking place in

September.

ECTA encourage our users to recycle their plastic bags when shopping.





## Exeter Community Transport Launch and Grand Summer Draw...

Our Grand Summer Draw will take place on September 21st, to mark the move to our new premises at Princesshay, which have been donated for our use for the next five years by Land Securities who are the developers of the Princesshay complex.

We will be based on the ground floor of the multi-storey car park, with easy access to the bus stops and the city centre.

**To celebrate the move, we will be holding a launch party with tea and cake, followed by our Grand Annual Draw on September 21st.**

The party will start at 12noon, with our draw at 1pm. All of our users are invited to come and meet the team and enjoy tea and cake with us all.



The draw has been supported by Great West Trains, WBW Solicitors, Poppys Flowers, Ivor Doble, Otter Garden Centres, Thomas Moore and many more, with fabulous prizes such as a family's day return travel on the SW Trains network, a beautiful planter ready planted with bright and colourful flowers, vouchers to use in Exeter shops, a free Will, a gorgeous watch and many more prizes donated by businesses and Exeter CTA's staff and users.

Tickets cost 50p and are available from the Exeter Community Transport Association office or from Tony on the Ring & Ride bus.

Buy your tickets today to help to support independent mobility and be in with a chance to win one of these wonderful prizes

### Would you like to sell tickets on behalf of ECTA...

For more tickets, please call into the office or call Debs or Kay on 01392 494001

### Roses Raise Money!

Saturday 23rd June was Alexandra Rose Day, here in Exeter City Centre, when our brave volunteers faced the wind and the rain to collect a fantastic £106.28 on the day.

Alexandra Rose Day co-ordinates collections for charities across the UK, organising licenses and collecting materials so that Exeter CTA could organise a team of volunteers to collect on the day. The funds raised will help to purchase new and maintain existing scooters to help people with limited mobility to enjoy an independent life and join in the activities that able bodied people may take for granted. 10% of the money raised on the day will be returned to Alexandra Rose Day, who then distribute the money via grants to charities across the country.

### Return of the ECTA Treasure Hunt...

We are happy to announce the return of the highly popular treasure hunt. You will be given a route to follow with items to spot and note down along the way. Follow the clues, in your car, to lead you to the chosen destination.

Prizes to be won. Entry fee: £3 (adults) £2 (children) - all proceeds to ECTA. The route has been prepared by Carol Rowe, from East Devon, to end us at a friendly local public house where we can sit and enjoy some food, have a chat and take part in the ECTA fun quiz.

To book a place call the Exeter CTA office on 01392 494001 or Carol Rowe on 01395 226905.